

YOUTH PROGRAMS

Indoor Soccer

Ages 3 & 4, Grades Kindergarten & 1st

Ages: 3 & 4 5:15-6:00

Grades: K & 1 6:00-6:45

Wednesdays

December 2 - December 23

A 4 week fun, instructional introduction to the game of soccer. Shin guards & mouth pieces are recommended. A clean change of sneakers is required for all participants.

Fee:

\$15.00 Non Resident

No fee for Skowhegan Residents

Indoor Soccer

Grades: 2-4

Thursdays 5:30-6:30

November 12 - December 17

Participants will play games with adult supervision. You may play 1 day or all 5. All participants must be registered prior to playing. Shin guards & mouthpieces are recommended. A clean change of sneakers is required for all participants.

Fee:

\$15.00 Non Resident

No fee for Skowhegan Residents

Wrestling

Grades K-8

December - March

Enjoy learning the fundamentals of wrestling and get the experience of participating and competing in meets around the state. Participants will be notified by the coach for starting date and practice times.

Registration Fee:

\$25.00 Skowhegan Residents

\$40.00 Non Residents

Introduction to Wrestling

Grades K-8

Saturday, November 21

11:00 am - 1:00 pm

Skowhegan Community Center

This is a chance to see if wrestling is for you. Parents will have a chance to ask questions about the program and potential wrestlers will get a chance to participate in a practice. All participants must be registered prior to participating.

Free for all participants.

Benefit Dances

Grades 5-8

Fridays 6-8:30 pm @ Community Center

Dances are sponsored by various non profit organizations throughout the school year and are only held on weeks that have a sponsor. All dances are chaperoned by adults, a police officer and Community Center staff. Violation of rules will result in expulsion from dances.

Fee:

\$5.00 All participants

Christmas Cookie & Craft Days

Grades 3-6

December 16 & 17

3:30-4:30 pm

Have fun making cookies & a craft the first day and then decorating cookies with frosting, sprinkles or candies the next. Have more fun eating them.

Fee: \$5.00 All participants





YOUTH PROGRAMS

Gymnastics

Ages 2-3 9:00-9:40 * Ages 4-6 10:00-11:00
Ages 7& up 11:00-12:00

A continuing 6 week program for boys and girls
Ages 2 & up will be held Saturdays at Decal
Gymnastics. Learn and improve the basic
fundamentals of gymnastics using the beam, bars,
vault, uneven bars, tumble track, etc.

Classes will be supervised by Carol Evens,
USA Gymnastics Safety Certified Instructor.

All participants must register at the Skowhegan
Parks & Recreation Department prior to
each sessions deadline Class size is limited
so register early!

No registrations will be accepted after the
November 7 deadline.

Fee:
\$30.00 All participants

Horseback Riding Lessons

A 6 week program for Ages 4-17.

A great experience for beginners and
experienced children who want to
learn the techniques of English riding.

Lessons are held at Pen Dragon Farm on the
Molunkus Road. Everyone must wear long pants
and boots or shoes with a hard heel which must
cover the entire foot in order to participate.

Riding helmets will be provided.

Session 1

Tuesdays 5:30-6:30 pm
November 17 through December 22

Session 2

Tuesdays 5:30-6:30 pm
January 5 through February 9

Fee: \$80.00 per session
for all participants

Check the Web

Visit our web site for additional
program information, updates,
cancellations and program start dates.

www.skowhegan.org

Click on Recreation

School Vacation Activities

Grades K-12

Information flyers will become available as
December & February vacations approach. There
will be expanded open gym & public skate times,
basketball shooting contests, games, arts n' crafts,
family game nights and other fun things to do.

Basketball Cheerleading

Grades 2-8

This program is for area youth (boys & girls) that are interested in learning cheers, chants, jumps
& routines. Cheering squads will be formed based on the number of registrations.
Games and practices will vary Monday thru Saturday beginning in December.

Registration deadline is December 5 or until rosters are full.



Non refundable fees:
\$25.00 Skowhegan Residents
\$40.00 Non Residents



YOUTH PROGRAMS



Bright Beginnings

Ages 3-5

Must be potty trained

Mondays

9:00-11:00 am

January 11 - May 24

“A great beginning to a brighter future”

Activities include arts' n crafts, games, sports and an educational curriculum. Please bring a small snack & sneakers.

Class size is limited.

Registration is required.

Fee: \$15.00 Non Resident

No fee for Skowhegan Residents

Family Fun Time

Ages 5 & under

Tuesdays 10:00 am - Noon

The weather is changing and the playgrounds are closing for the season. Enjoy some free time with your children inside the Community Center, The gym will be open with balls, hoops, foam floor hockey and more available for you to use.

Parents are fully responsible for the supervision of their children at all times.

The Recreation Department does not provide an active supervisor.

All participants must be registered.

Fee per year:

\$15.00 Non-Residents

No fee for Skowhegan Residents

Beginner Junior Kung Fu

Students will learn the basic methods of kung-fu, focus, patience and teamwork during this 8 week course.

Instructed by Sifu Glenn Broadley

Ages 7-12

Tuesdays 5:00 - 6:00 pm

Session starts January 5

Fee: \$15.00 Non-Residents

No fee for Skowhegan Residents

Messes & Masterpieces

Ages 5 & under

Friday

10:00-11:00 am

January 8 - February 5

Dress for mess during this 5 week class. We will let your child paint, color & create.

All 'masterpieces' will be put on display each week on the walls of the Community Center for the world to see.

Fee: \$15.00 Non Resident

No fee for Skowhegan Residents.

Teddy Bear Picnic & Parade

Ages 5 & under

1st Thursday of the month

11:00 am

December - March

Grab your lunch, your teddy bear or other favorite stuffed friend and join us for a picnic at the Community Center. We will color, read a story and after lunch with your friends we will have a parade around the gym complete with all the bells and whistles. With the time left over friends can laugh and play during free time in the gym.

Free!!!!

Intermediate Junior Kung Fu

Students will expand upon the basic methods of kung-fu, focus, patience and teamwork during this 8 week course.

Instructed by Sifu Glenn Broadley

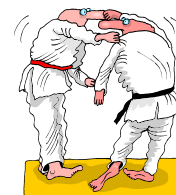
Ages 7-12

Tuesdays 6:00 - 7:00 pm

Session starts January 5

Fee: \$15.00 Non-Residents

No fee for Skowhegan Residents





BASKETBALL



Instructional Basketball November / December Session

This is a 5 week fun introduction to the game of basketball. All participants must have a clean change of sneakers.

Start Smart - Ages 3&4

Mondays, 5:15-6:00 pm
November 16 - December 14

Kindergarten

Tuesdays, 5:15-6:00 pm
November 17 - December 15

Grades 1&2

Mondays, 6:00-7:00 pm
November 16 - December 14

Registrations accepted now until November 12 or until rosters are full.

Fee: \$15.00 Non-Residents
No fee for Skowhegan Residents

Instructional Basketball March / April Session

This is a 5 week fun introduction to the game of basketball. All participants must have a clean change of sneakers.

Start Smart - Ages 3&4

Mondays, 5:15-6:00 pm
March 8 - April 5

Kindergarten

Tuesdays, 5:15-6:00 pm
March 9 - April 6

Grades 1&2

Mondays, 6:00-7:00 pm
March 8 - April 5

Registrations accepted January 4 - March 1 or until rosters are full.

Fee: \$15.00 Non-Residents

Grades 3 & 4 GIRLS & BOYS TEAMS

All that register will be placed on a team and will play in each game. All participants must have a clean change of sneakers. Games will be played at the Community Center and will travel to other towns. Please check web site for start date/time.

Monday - Saturday starting in January.

Registrations accepted now until December 4 or until rosters are full.

Fee: \$15.00 Non-Residents
No fee for Skowhegan Residents

Grades 5 & 6 GIRLS & BOYS TEAMS

We are accepting registrations for our In House Travel and Competitive Travel teams. The aim of these teams is to sharpen individual and team skills in a more competitive but fun environment. Children must play in the In House League to be eligible for the Competitive Travel team. It is also recommended that players have previous basketball experience to play on the Competitive team. Registrations accepted now until November 20 or until rosters are full.

In House Travel Fee: \$15.00 Non-Residents
No fee for Skowhegan Residents

Competitive Travel Fee: \$30.00 Non-Residents
\$15.00 Skowhegan Residents

Grades 7 & 8 / Grades 9 - 12

Teams may consist of girls teams, boys teams or coed teams based on number of registrations. Games will be played at the Community Center and will travel to other towns. Practices will be scheduled by the coaches.

All that register will be placed on a team and will play in each game.

Game and practice times will vary starting in November.

All participants must have a clean change of sneakers.
Registrations accepted now until November 20 or until rosters are full.

YOUTH PROGRAMS



Hip Hop Dance

Wednesdays

Grades 3,4 & 5 5:30-6:15 pm

Grades 6, 7 & 8 6:15-7:00 pm

Starting January 6

During this 6 week class learn to dance cool hip hop steps with fun and attitude! Grab a friend and come learn some new moves. Pre registration and a clean change of sneakers is required.

Fee:

\$15.00 Non Resident

No fee for Skowhegan Residents

Recreation Bowling League

Ages 5-12

Saturdays 10:00 am

Starting November 7

This 12 week bowling program will be held at Central Maine Family Bowling Center in Skowhegan. Bowling experience is not necessary, you just need to want to have fun. Don't worry if you missed the first few weeks, you can join anytime.

All participants must register at the Skowhegan Community Center prior to participating.

Fee:

\$ 29.00 All participants
(includes shoes)

AFTER SCHOOL PROGRAMS

Skowhegan Outdoor Adventure Program

Go wild with us this winter! Experience 12 weeks filled with lots of fun challenges, adventures, physical activities and learn a lot about the outdoors. Skiing, snowshoeing, winter wildlife and X-country skiing are some of the fun activities you can look forward to. Accepting registrations now for any week or weeks you are interested in. You can join anytime. Space is limited!

Sponsored by the New Balance Foundation "Move More Kids" Initiative

Ages 9 - 14

Tuesdays & Thursdays

3:00-5:00 pm

Starting December 1

\$15.00 Non-Residents

No fee for Skowhegan Residents.



AFTER SCHOOL PROGRAMS



Broomball

Grades 7-12

Tuesdays 2:00-3:00 pm
January 7 - January 28

Broomball is a game very similar to hockey that is played with a stick and ball.

All participants must be registered and bring a clean change of sneakers.

Fee per year:

\$15.00 Non-Residents

(or registered with the after school program)

No fee for Skowhegan Residents

Open Gym

Under 18

Monday & Wednesday 2:00 - 4:00 pm
Friday 2:00 - 4:30 pm

Looking to play some basketball, sharpen your skills, or just have fun?

All participants must be registered and a change of clean sneakers is mandatory.
Check at front desk for additional times.

Fee per year:

No fee for Skowhegan Residents

\$15.00 Non-Residents

Wii DAYS

Ages 7-17

Monday - Thursday 2:30-4:30 pm

Get fit and be active while playing a variety of games including Dance Dance Revaluation, Outdoor Challenge, Wii Fit, Skate It and more.

All participants must be registered for afterschool activities.

Fee: \$15.00 Non-Residents

No fee for Skowhegan Residents

Sponsored by the New Balance Foundation "Move More Kids Initiative"

Game Room

Enjoy a game of ping pong, foosball, air hockey, cards, checkers or chess.
Ping pong balls .10 cents

Fee per year:

\$15.00 Non-Residents

No fee for Skowhegan Residents

Exercise Room

Ages 14-17

Monday through Friday 2:00 pm-4:30 pm
Year Round.

After 4:30 pm Monday - Thursday

After these hours and on weekends you must be supervised by a responsible adult. All participants must be registered and a change of clean sneakers is mandatory.

Fee per year:

\$15.00 Non-Residents

No fee for Skowhegan Residents



Co-Ed After School Basketball League

Grades 7-12

Thursdays 2:00 pm Starting March 4

Teams will be equally divided according to grade and gender. All that register will be placed on a team and play in each game. Games will be at the Community Center with the first game scheduled to start at 2:00 and all other games to follow. All participants must be registered prior to the deadline. All participants must have a clean change of sneakers.

Registrations accepted now until February 27 or until rosters are full.

Fee per year:

\$15.00 Non-Residents

(or registered with the after school program)

No fee for Skowhegan Residents

SPECIAL EVENTS

Snow Sculpture Contest

Come to the Skowhegan Community Center Monday, February 1 to register and pick your spot on our grounds to create your choice of snow sculpture. You may work as an individual or a group to form your creation from snow.

All entries must be completed before February 7.

Hot Shot Basketball Shooting Competition

Sunday, January 17 at 1:00 pm

The Skowhegan Parks & Recreation Department will host our annual Hot Shot Competition, at the Skowhegan Community Center.

This basketball skills competition for all abilities is open to all boys and girls of all abilities, ages 9 -18.

Registrations are now being accepted.

Please bring your birth certificate at time of registration. There is no cost for this competition.



Holiday Stroll Parade

Here is a chance for your group or organization to enter a float or help build the Recreation Department float in this years Holiday Stroll Parade.

Saturday, December 5

Line up time: 4:30 pm

Watch the parade beginning at the Skowhegan Savings Bank on Elm Street. The parade will proceed through the downtown. Join us for refreshments at our booth on Water Street. Join in the festivities and show your holiday spirit.

For more information or to register please contact the Recreation Department at 474-6901

Hunter Safety Training Program

This 3 day program will be held at the Skowhegan Community Center.

Tuesday, January 5 & Thursday, January 7

6:00-9:00 pm

Saturday, January 9

8:00 am - 4:00 pm

Class size is limited so register early. For more information or to register please contact Don Perrine 660-6382

Winter Carnival

Sunday, February 7

12:30-2:30 pm

All events will be held at the Skowhegan Community Center

Children's Games * Bake Sale * Face Painting * Snowshoeing
Cookie Decorating * Coloring Contest
Wagon Rides * Vendors * and more!!!

Fun for the whole family. Minimal fees apply to some activities.

If you are interested in being a vendor call 474-6901 prior to January 22.

Space is limited.

