

Youth Programs

Skowhegan Community Center Membership

Membership includes year-round access for open gym, exercise and weight rooms, game room, afterschool activities and the use of the locker rooms and showers.

Fees:

No Fee for Skowhegan Residents
Non-Resident (6 months): \$50.00
Non-Resident (1 year): \$95.00

***ALL PARTICIPANTS MUST BE REGISTERED. UPON ARRIVAL EVERYONE MUST CHECK IN AT THE FRONT OFFICE. ANYONE USING THE GYMNASIUM OR EXERCISE OR WEIGHT ROOMS MUST HAVE A CLEAN CHANGE OF SNEAKERS.**

Open Gym

Ages 17 & Under

Monday, Wednesday & Friday 2:30-4:30 pm

Looking to play some basketball, sharpen your skills, or just have fun?

All participants must be registered and a change of clean sneakers is mandatory.

No Fee for Skowhegan Residents
Non-Residents must have membership

Exercise Room

Ages 14-17

Monday-Friday 2:00-4:00 pm

No Fee for Skowhegan Residents
Non-Residents must have membership

*Outside of these hours, youths must be accompanied by a parent or legal guardian at all times.

*Anyone under age 14 is not allowed in this room without a doctor's note and accompanied by a parent or legal guardian

Game Room

All Ages

Open whenever the Center is. Enjoy a game of air hockey, pool, foosball and/or board games.

No Fee for Skowhegan Residents
Non-Residents must have membership

Afterschool Movie Days

All Ages

Tuesdays, September 3 - 24

Movie Time 2:45 pm

No Fee for Skowhegan Residents
Non-Residents must have a membership.

MULTIPURPOSE PARK

Come enjoy the multipurpose park at the Skowhegan Community Center.

The park offers two basketball courts and skate park.

Bring your basketballs, skateboards or in-line skates and protective gear to have some fun. We also have a community playground available for children under 12 years of age. The multipurpose park and playground close at dusk each evening.

All participants are to abide by all facility rules.

Youth Programs

7th & 8th Grade Football

7th & 8th Grade Football will be combined this year and is a school program. Anyone entering grade 7 or 8 that is interested in participating in Tackle Football this fall needs to go to Skowhegan Area Middle School and pick up the forms or go to the SAMS webpage under athletics.

ALL participants must have a current physical prior to participating.

Equipment issue is Sunday, August 18 @ 5:30 at SAMS

Girl's Basketball Camp Series

Instructed by Bob Witts. Camps will take place @ Skowhegan Community Center
Please bring a change of sneakers and a water bottle.

Grades 7-11 Boot Camp

August 21, 22 & 23 10:00 -11:30am \$45.00
Limited Space (Max. 12)

Grades 6-9 "Get Ready" Pre-Season Skills & Drills Camp

November 2 & 3 10:00 am -1:00 pm \$20.00
Registration Deadline Is November 1

Grades 3-8 "Get Ready" Pre-Season Skills & Drills Clinic

November 9 **FREE!**
Registration Deadline Is November 6
Grades 3 & 4 8:00 - 9:00 am
Grades 5&6 9:00 - 10:30 am
Grades 10:30 am - 12:00

**All Participants Must Register At The Community Center In Advance.
REGISTER TODAY!**

COACHES WANTED

Needed for the upcoming seasons, coaches for our soccer, flag football and basketball programs. Applicants should have basic knowledge of the rules, positioning, and be open to new ideas. Previous coaching experience is not necessary, coaching videos and manuals are available for new coaches to use.

Game and practice days and times vary.

Interested persons should apply ASAP at the Community Center.
For more info call 474-6901.



TACKLE FOOTBALL

For youths entering Grades 2 - 4

August - November

Registrations accepted now until equipment issue date or until rosters are full for all tackle football programs.

Please make a note of your child's start date and time when registering. You will not receive a postcard or a phone call with this information.

Please check our website or Facebook for additional program information, updates, cancellations and program start dates.

Fees: Skowhegan Residents \$25.00 Non-Residents \$45.00

2nd graders must have a minimum of 1 year flag football experience.

Game times and locations, home and away will vary.

Practice times will be scheduled by the coach.

Equipment will be issued August 13

4th graders @ 5:00 pm, 2nd & 3rd graders @ 6:00 pm.

Team placement for all players will be at the Community Center on **August 15 @ 5:30 pm**

TACKLE FOOTBALL

For youths entering Grades 5 & 6

August - November



Registrations accepted now until equipment issue date or until rosters are full for all tackle football programs.

Please make a note of your child's start date and time when registering. You will not receive a postcard or a phone call with this information.

Please check our website or Facebook for additional program information, updates, cancellations and program start dates.

Fees: Skowhegan Residents \$25.00 Non-Residents \$45.00

Game times and locations, home and away will vary.

Practice times will be scheduled by the coach.

Equipment will be issued August 12

6th graders @ 5:00 pm 5th graders @ 6:00 pm

Team placement for all players will be at the Community Center on **August 14 @ 5:30 pm**

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Youth Programs

FLAG FOOTBALL

For girls & boys entering Grades K - 2

September 3 - 26

An instructional program to the game of football. Participants will learn rules, offensive and defensive positioning, and sportsmanship. Practice & games will be on the Community Center Football Field.

Tuesdays and Thursdays at 5:00 pm

Fee: \$20.00 Non-Resident
No fee for Skowhegan Residents

Registration deadline is August 30
or until rosters are full.

FOOTBALL CHEERING

For girls & boys entering Grades K - 6
August - October



Parent Meeting August 12 @ 5:30 pm

Meeting is at the Skowhegan Community Center

Get ready to CHEER! This program is for youths who are interested in learning cheers, chants, jumps and routines. Cheering squads will be formed depending on number of registrations. Squads will cheer for the Recreation Football program throughout the fall football season. Practices start the end of August and are scheduled by the coaches.

Game dates, times and locations will vary depending on grade.

Non-Refundable Equipment Fees:
\$25.00 Skowhegan Residents **\$45.00 Non-Residents**

Registration deadline is August 21 or until rosters are full.

COMPETITION CHEERING

Grades 1-3 & Grades 4-6

Registrations accepted now until October 31.

Parent Meeting October 21

Grades 1-3 5:30-6:30 pm

Grades 4-6 6:00-6:30 pm

Meeting is at the Skowhegan Community Center

Participants will learn a routine that consists of cheer, jumps, tumble, stunts and pyramids for competition.

Non-Refundable Equipment Fees:
\$25.00 Skowhegan Residents **\$45.00 Non-Residents**



Registrations accepted now until August 30 or until rosters are full for all field hockey programs. Please make a note of your child's start date and time when registering. You will not receive a postcard or a phone call with this information. Please check our website or Facebook for additional program information, updates, cancellations and program start dates.

Fee: \$20.00 Non-Resident
No fee for Skowhegan Residents

Grades K - 2
Saturdays

September 7 - October 5 4:00 - 6:00 pm

An instructional program to learn stick skills and the basic fundamentals of field hockey while having fun. Program will be held on days at the Skowhegan High School Field. Shin guards and mouthpieces are mandatory. Eye protection is recommended.

Grades 3 - 6

A chance to learn the basics and improve your skills in game situations. Games are Saturdays and /or Sundays. There will be both home and away games. Eye protection, shin guards and mouthpieces are mandatory.

Practices will be scheduled by the coaches starting in September

August Gear Up

Grades 6 - 8

August 19-22 5:00-7:00 pm

A chance to get ready for the fall season. Program will be held at the Skowhegan High School Field. Shin guards, mouthpieces and eye protection are mandatory.

Fee: \$20.00 Non-Resident
(if not registered for summer or fall programs)

No fee for Skowhegan Residents



SOCCER

Registrations accepted now until August 30
or until rosters are full for all soccer programs.

Please make a note of your child's start date and time when registering.
You will not receive a postcard or a phone call with this information.

Please check our website or Facebook for additional program information,
updates, cancellations and program start dates.

Fee: \$20.00 Non-Resident

No fee for Skowhegan Residents

Volunteer coaches needed. Pick up an application today.

START SMART SOCCER

Ages 3 & 4

An instructional program to learn the
basic fundamentals of soccer while having fun!
Shin guards are mandatory, mouth pieces are
optional. Program will be held at the
Community Center.

September 7 - October 5

Please choose a time slot at time of registration.

**Saturdays: 9:00-10:00 am, or
10:00-11:00 am**

**In case of rain program will be held inside.
All participants must have a clean change of sneakers.**

KINDERGARTEN - GRADE 1

Learn the basic fundamentals in practice
and in scrimmage play. Shin guards and
mouthpieces are mandatory. Program will be
held at the Community Center.

September 7 - October 5

**Saturdays: 9:00-10:00 am, or
10:00-11:00 am**

Please choose a Saturday time slot
at time of registration.

GRADES 2 & 3

For new & experienced players. Learn and
extend your knowledge about the game of
soccer. Shin guards & mouthpieces are
mandatory. All home games and practices
will take place at Bucky Quinn Field on
South Factory Street.

September - October

**Coaches will contact all players with
start date and time.**

GRADES 4 - 6

For new and experienced players.
Shin guards & mouthpieces
are mandatory.
Game times & locations will vary.
All home games and practices will take
place at Memorial Field on
East Maple Street.

September - October

**Coaches will contact all players with
start date and time.**

Register NOW For

CENTRAL MAINE BASKETBALL LEAGUE

3 Individual Boys Teams Grades 3&4, Grade 5 & Grade 6

3 Individual Girls Teams Grades 3&4, Grade 5 & Grade 6

We are accepting registrations for the Central Maine Basketball League (Travel Team). Players must have previous basketball experience to play on a Central Maine League team. The consistency of each team will be determined by the number of registrations, grade or age. In the event of registrations exceeding the roster limit a tryout may be held. Games will be played at the Community Center and teams will also travel to other towns. Coaches will contact players with practice times.

Players are responsible for their own transportation to all games.

All players who register are encouraged to play in and are automatically registered for our recreation league.

Skowhegan Residents: \$15.00 Non-Residents: \$35.00

Practices start in November.

Registrations accepted now until November 8 or until rosters are full for the Central Maine League **only**.



HORSEBACK RIDING LESSONS

Ages 10-17

A great experience for beginners and experienced children who want to learn the techniques of English riding. Everyone must wear long pants and boots or shoes with a hard heel which must cover the entire foot in order to participate.

Riding helmets will be provided.

Session 1

6 week session

Tuesdays 5:30-6:30 pm

August 27 through October 1

\$80.00 Skowhegan Residents

\$100.00 Non-Resident

Session 2

6 week session

Tuesdays 5:30-6:30 pm

October 8 through November 12

\$80.00 Skowhegan Residents

\$100.00 Non-Resident

Back To School Dance

Grades 1-5

Friday, September 20 6:00-7:30 pm

Join us for a special and fun evening for Girls & Boys
Enjoy some music, dancing, and FUN with friends!

Music by DJ and refreshments will be served.

\$5.00 admission
at the door

Munchkin Mondays

Ages 5 & under
Mondays 9:00 - 9:45 am
September 9 - October 7

This program is designed to get you little ones out of the house and engage them in fun activities.

Kids may play inside or outside, do simple art projects and get messy!

No Fee For Skowhegan Residents
Non-Residents: \$20.00

KUNG-FU

Tuesdays & Thursdays

Session 1 September 17 - October 17
Session 2 October 22 - November 14

Students will learn the basic methods of kung-fu, focus, patience and teamwork. Program will be under the direction of Ezekiel Chapman. Space is limited.

Beginners	Intermediate
5:00 - 6:00 pm	6:00 - 7:00 pm

1 adult must be present for the start each session.

Non Refundable Fees:
Residents: \$25.00 Non-Residents: \$35.00
per session



PUMPKIN DECORATING

All Ages

Wednesday, October 23 @ 5:30 pm

Get ready for Halloween. Reserve your pumpkin by October 16. We will have paint and supplies so you can decorate a pumpkin for the big day. Space is limited.

ALL participants must be registered by October 16.

\$10.00 for all participants

DISC GOLF

Grades 3 - 6

Saturday, September 14
1:00-3:00 pm

Learn the basics or improve your skills this is for all levels. Instruction followed by skills contests and a mini tournament under the direction of Ralph Pilsbury.

Free for all participants.

Registration deadline is September 11

FAMILY FUN NIGHT

Children must be accompanied by an adult.

Friday, October 11
6:00-7:30 pm

Enjoy an evening of games, music, and fun with the family. Snacks will be available. All ages are welcome. Under 18 must be accompanied by an adult.

\$5.00 per family
Tickets available at the door.