

SKOWHEGAN COMMUNITY CENTER YOUTH MEMBERSHIP

No Fee for Skowhegan Residents

Non Resident Fees - 1 Year: \$100.00 * 6 Months: \$55.00
 Monthly: \$20.00 * Daily Drop In fee \$2.00

Membership includes year round access for open gym, exercise and weight rooms, select exercise programs, game room, and the use of the locker rooms and showers.

<p style="text-align: center;">EXERCISE ROOM</p> <p style="text-align: center;">*Ages 14+ Monday–Friday 2:00-4:30 pm</p> <p>All participants must be registered prior to using exercise room. A clean change of sneakers is required.</p> <p><i>Outside of these hours, youths must be accompanied by a parent or legal guardian at all times.</i></p> <p>*A Doctor's note is required for utilization of any equipment by youth under age 14.</p>	<p style="text-align: center;">OPEN GYM</p> <p style="text-align: center;">Ages 17 & under Monday, Wednesday, Friday 2:30-4:00 pm</p> <p>All participants must be registered prior to playing. A clean change of sneakers is required.</p> <hr/> <p style="text-align: center;">GAME ROOM</p> <p>Open whenever the Community Center is open. Come enjoy ping pong, foosball, pool and air hockey or just hang with friends!</p>
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<p>HORSEBACK RIDING LESSONS Ages 12-17 Tuesdays, 5:30-6:30 pm</p> <p>English riding lessons will be held inside at Pendragon Farm in Cornville. Everyone must wear long pants and boots or shoes with a hard heel that covers the entire foot in order to participate. Riding helmets will be provided or you may bring your own. Space is limited to 6 per class.</p>		
<p>Fee per 4 week session: Skowhegan Residents: \$50.00 Non-Residents: \$70.00</p>	<p>Fee per 6 week session: Skowhegan Residents: \$80.00 Non-Residents: \$100.00</p>	
<p>Session 1 : November 19 - December 10 4-week session</p>	<p>Session 2: January 7 - February 11 6-week session</p>	<p>Session 3: February 18 - March 24 6-week session</p>

YOUTH PROGRAMS



BASKETBALL

RECREATION LEAGUE BASKETBALL

GRADES 3&4 and 5&6 Boys Teams & Girls Teams

December - March

Practice and Game Days & Times will vary.

Coaches will notify participants of start date and time.

Games will be played at the Community Center and surrounding towns. Players are responsible for their own transportation. All who register will be placed on a team and play in every game. All participants must have a clean change of sneakers.

Registrations accepted now until November 30 or until rosters are full.

No Fee for Skowhegan Residents

Non-Residents: \$20.00

3 on 3 CO-ED BASKETBALL LEAGUE

GRADES 7 & 8

Games will be on Tuesdays at 2:45 starting in December.

Players will be notified of start date.

Games will be played at the Community Center. All who register will be placed on a team and play in every game. All participants must have a clean change of sneakers.

Must have a minimum of 15 participants registered for program to start.

Participants may also choose to play in 5 on 5 games on Sundays with other towns.

Registrations accepted now until November 30 or until rosters are full.

No Fee for Skowhegan Residents

Non-Residents: \$20.00

(or included in yearly membership)

CENTRAL MAINE BASKETBALL LEAGUE

3 Individual Boys Teams Grades 3&4, Grade 5 & Grade 6

3 Individual Girls Teams Grades 3&4, Grade 5 & Grade 6

We are accepting registrations for the Central Maine Basketball League (Travel Team). Players must have previous basketball experience to play on a Central Maine League. The consistency of each team will be determined by the number of registrations, grade or age. In the event of registrations exceeding the roster limit a tryout may be held. Games will be played at the Community Center and teams will also travel to other towns. Coaches will contact players with practice times.

Players are responsible for their own transportation to all games.

All players who register are encouraged to play in and are automatically registered for our recreation league.

Skowhegan Residents: \$15.00

Non-Residents: \$35.00

Registrations accepted now until November 9 or until rosters are full for the Central Maine League **only**.

YOUTH PROGRAMS



START SMART BASKETBALL

Girls & Boys Ages 3-4

Session #1 -Saturdays, November 16 - December 21
8:15 - 9:00 am or 9:00 - 9:45 am

Session #2 - Tuesdays, March 10 - April 7
5:00-5:45 pm



All children must be accompanied by a participating adult. A clean change of sneakers is required for all participants. Registrations accepted now until November 14 for session #1 or until rosters are full.

No fee for Skowhegan Residents
Non-Residents: \$20.00

KINDERGARTEN BASKETBALL

Boys & Girls

Session #1 -Saturdays, November 16 - December 21
10:00 - 10:45 am

Session #2 - Tuesdays, March 10 - April 7
5:45 - 6:30 pm

Learn the basics of dribbling, passing and shooting. A clean change of sneakers is required for all participants. Registrations accepted now until November 14 for session #1 or until rosters are full.

No Fee for Skowhegan Residents Non-Residents: \$20.00

GRADES 1&2 BASKETBALL

Boys & Girls

Session #1 -Saturdays, November 16 - December 21
11:00 - 11:45 am or 12:00 - 12:45 pm

Session #2 - Saturdays, January 11 - February 15
8:00 - 8:45 am

Learn the basics of dribbling, passing and shooting. A clean change of sneakers is required for all participants. Registrations accepted now until November 14 for session #1 or until rosters are full.

No Fee for Skowhegan Residents Non-Residents: \$20.00

COACHES & OFFICIALS WANTED

Volunteer basketball coaches and officials needed for the upcoming seasons. Applicants should have a basic knowledge of the rules, positioning, and be open to new ideas. Previous coaching experience is not necessary. Game and practice times vary.

Interested persons should apply ASAP at the Community Center.

KUNG-FU

Tuesdays & Thursdays

Session 1: November 19 - December 19 Session 2: January 14 - February 13

Session 3: February 25 - March 26

Beginners - 5:00-6:00 Intermediate - 6:00-7:00

Students will learn the basic methods of kung-fu, focus, patience and teamwork.
Program will be under the direction of Ezekiel Chapman. Space is limited.

1 adult must be present for the start each session.

Non Refundable Fees:

Residents: \$25.00 per session

Non-Residents: \$45.00 per session

WRESTLING

Age 4 - Grade 8
December 4 - March

Meets are at various locations around the state. Practices will be on Wednesdays in December beginning December 4 at the Skowhegan Area High School.
Participants are responsible for their own transportation.

Age 4 - Grade 2 5:30-6:15 pm

Grades 3 - 8 6:30-7:15 pm

Fees:

Skowhegan Residents: \$25.00

Non-Residents: \$45.00



Registration deadline is January 12 or until roster is full.

INDOOR FIELD HOCKEY

Grades 4-8

December 3, 10 & 17

Grades 6-8 2:30-4:00 pm

Grades 4&5 4:00-5:00 pm

Sticks must have a thick sock or other padding to protect floor. Shin guards eye protection and mouth pieces are mandatory. A clean change of sneakers is required for all participants.

No fee for Skowhegan Residents

Non-Residents: \$10.00

TUMBLE BUGS

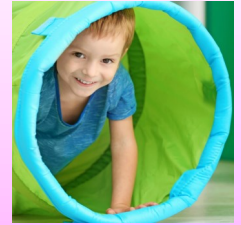
OPEN GYM PLAY TIME



Ages 5 under

Mondays 10:00 -11:00 am

November 18 - February 10



Come spend some quality time with your toddler! Spend part of your morning getting some energy out with stretching, tumbling and running. This time is meant to work on social skills and cognitive development with your child. Balls, hoops, mats and parachutes will be available to use. There is no instructor for this program, parents must stay with their child. All participants must have a clean change of shoes or go in your socks.

No fee for Skowhegan Residents

Non-Residents: \$20.00



Arts & Crafts!

Ages 2-5

Mondays 9:30-10:00 am

February 24 - March 23



Like getting messy? Lets do messy art! Once a week we will have a fun and messy art project that the kids can take home.

Supplies will be provided and the craft will be announced day of.

No fee for Skowhegan Residents

Non-Residents: \$20.00

